

My Biggest Thanks!

Every birth is a sacred, beautiful, and life-changing event. The fact that you chose me to accompany you on this journey to becoming mother to this child is a privilege that I am humbled to have been a part of. Each birth is unique, and I hope that yours was as empowering and as amazing as you had dreamed.

If you ever need ANYTHING, please let me know. I will continue to be available to you for as long as you need me after the birth of your baby.

God bless,

Jen McFarland

Jeremiah 29:11 For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.



"A new baby is like the beginning of all things-wonder, hope, a dream of possibilities."- Eda J. La Shan



Doula Evaluation

My Birth By Design



"Freedom to Choose where, when, and with whom, to give birth. True freedom for adult women --- an idea whose time has come."

-Gloria Lemay

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MY BIRTH BY DESIGN
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Why would you send an evaluation to your doula?

An evaluation is very helpful to me, as your doula, to know how you viewed my services and your birth. It is my utmost desire to continue to grow as a doula, and to become a better support person to birthing women. Even if your experience was not what you had hoped, I want to hear about it.

Of course, I am confident that your birth was the absolute best and that I performed far above your expectations! If that is the case, I'd love to know! Your evaluations will be kept for future reference for other clients. I may use your first name for a reference for the "client's comments or references" section on my website, but I will not share your last name or any other identifying information unless you have approved it.



"A baby is God's opinion that life should go on." - Carl Sanduerg

Evaluation of your birth experience

Client's names:

Was Having a Doula helpful to you and your partner? Y or N

What Worked for you? (Example: position change, birth ball, breathing, etc.)

What did not work for you?

Would you hire a doula again? Y or N

Any Additional Comments:

Evaluation of time spent before and after the birth:

Did your doula spend enough time with you at your prenatal visits? Y or N

Was I able to answer all of your questions and concerns to your satisfaction? Y or N If No, explain:

Did you have a home, hospital or birth center birth? _____

At what point did your doula join you in your labor?

Did you have any complications with your birth? Y or N If yes, what was the outcome?

Did your doula make postnatal visits?

Y or N If yes, how many: _____

If No, were there phone consults? _____

Were you satisfied with the length of your postnatal visits? Y or N

Is there anything that you would have changed about the care you were given by your doula? Y or N If yes:

Are you willing to be a reference?

Yes or No